



# Dala Horse Trot

Register On-line @  
www.dalahorsetrot.com

## Saturday, May 15 Downtown (Coffee Pot) Park Kingsburg CA

2 Mile Walk, 7:05 am 2 Mile Run, 7:05 am 10K/6.21 Mile Run, 7:00 am

Registration Fees:	Before May 1	May 1 to May 14	NO Race Day Registration
Ages: 9 & under	\$12.00	\$15.00	Number &
Ages: 10 and Over	\$20.00	\$25.00	T-shirt pickup ONLY!

Entries received by April 30th – shirt held until 6:30 am Race Day!

**Walk-Up Registration & T-Shirt Pickup** – Friday, May 14 ~ 5:00 pm to 7:30 pm

In front of Kingsburg Chamber of Commerce Office, 1475 Draper Street, Kingsburg

**Race Day – Race Number & T-Shirt Pickup – be prompt! ONLY 30 minutes** ~ 6:00 am to 6:30 am

Downtown Park - Marion and Lewis Streets – near start line. **NO Race Day registration!**

**Awards & Results** – Awards ceremony held ASAP near start line

ALL events, overall awards to Male and Female with the “Best time” and 1 thru 3 places in each age group listed on entry form. NO award duplications.

**Course Description – Start & Finish at Kingsburg’s Downtown (Coffee Pot) Park – on Marion Street**

10K to the left (west side), 7:00 am; 2 Mile to the right (east), 7:05 am

Residential areas, fully paved. Intersections monitored & water stops on the course.

Finish & refreshments – please, follow chute workers instructions



**Directions to Kingsburg**

Just east of Highway 99. Exit #112 – go east on Hwy 201 (Conejo/Sierra Street); turn right (go south) onto Marion Street. Start/Finish area is one block south of Draper Street.

**Information**

Web: [www.dalahorsetrot.com](http://www.dalahorsetrot.com) Email: [dalahorsetrot@yahoo.com](mailto:dalahorsetrot@yahoo.com) Telephone: 559.288.5012

Dala Trot is part of the 2010 Swedish Festival sponsored by the Kingsburg Chamber of Commerce – Fri, May 14 & Sat, May 15!

Official results by Pro Race Group of Fresno [www.proracegroup.com](http://www.proracegroup.com) Email: [info@proracegroup.com](mailto:info@proracegroup.com)

2010 DALA TROT Entry Form ♦ Please, print legibly ♦ ONE entrant per form

Name – First \_\_\_\_\_ Last \_\_\_\_\_

Address (include Apt. or Box Number) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Telephone \_\_\_\_\_

Gender (circle):		Male	Female	Age on Race Day: _____	
Shirt Size (circle ONE):		NO SHIRT REQUESTED		Youth: S M	Adult: S M L XL 2XL
<i>For entries received BEFORE May 1st, shirts are reserved until 6:30 am Race Day!</i>					
<b>Circle ONE Age Group to indicate Event Entry – Awards: Overall &amp; 1 thru 3 places in each Age Group</b>					
2 Mile RUN, 7:05 AM			2 Mile WALK, 7:05 AM		10K/6.21 Mile Run, 7:00 AM
			<small>Award winners must WALK entire course!</small>		
05 – UN	17 – 19	40 – 44	65 – 69	09 – UN	50 – 59
06 – 08	20 – 24	45 – 49	70 – 74	10 – 29	60 – 69
09 – 10	25 – 29	50 – 54	75 – OV	30 – 39	70 – 79
11 – 13	30 – 34	55 – 59	Whch	40 – 49	80 – OV
14 – 16	35 – 39	60 – 64			
			<i>To run, jog or skip, please enter RUN!</i>		

**Waiver (read & sign below):** In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, executor, and administrators, waive and release any and all right to claims and damages I may incur against Kingsburg Rotary Club, the City of Kingsburg, and all sponsors, race officials, volunteers, or their agents for any and all injuries, ailments or other consequences suffered by me resulting from my participation in the 2010 Dala Trot. I attest that I am physically fit to participate and have full knowledge of the risks of being involved. I have carefully read and understand the contents of this waiver.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(parent or guardian signature if under 18 years of age)

PLEASE, do **NOT** mail **after May 10th** – come to Walk-up Registration. **NO RACE DAY REGISTRATION – T-SHIRT PICKUP ONLY!**

<b>Registration Fees</b>	<b>BEFORE May 1st</b>	<b>May 1st to May 14th</b>
Ages: 09 & under	\$12.00	\$15.00
Ages: 10 & over	\$20.00	\$25.00

Make check or money order payable to **Kingsburg Rotary Club**. **Be sure to read and sign waiver:**  
Mail to: KRC – Dala Trot  
1513 Draper St.  
Kingsburg CA 93631