



**44th Annual**  
**2010 FATHER'S DAY RUN & WALK**

Sunday - June 20th

**Streets of Downtown Fresno, CA**

2-Mile RUN, 6:30 am ♦ 2-Mile WALK, 6:32 am

**6-Mile RUN, Valley Runner of the Year Series 30-Point Event, 7:00 am**

2-Mile Start: Van Ness Ave. & Fresno Street ♦ 6-Mile Start: Van Ness Ave. & Tulare Street  
**Course/streets will NOT be monitored after 8:00 am - MUST use sidewalks.**

**Finish Line & Post-Race Activities on Fulton Mall near the Clock Tower**

**Benefits Fresno City College Rams Track Team ♦ Gary Bluth, Race Director/FCC Coach**

**Information: (559) 433-6750 ♦ Email: info@proracegroup.com ♦ www.proracegroup.com**

**COURSE:** FAST & FLAT, good for PR!  
 See map below. **Course is monitored 6:30 am to 8:15 am.**

**Start Times:** Registration, 5:30 am  
 2-Mile RUN, 6:30 am  
 2-Mile WALK, 6:32 am  
 6-Mile RUN, 7:00 am  
 Awards, 8:15 am

**Finish Area:** all events finish on the Fulton/Mariposa Mall (near Clock Tower).

**Water Stations:** at or near mile marks.

**REFRESHMENTS:** post-race beverages and snacks near the finish area.

**RESTROOMS:** green level of underground parking at Fulton-Mariposa Mall - near the Clock Tower.

**PARKING:** Ample and free. Fresno City lots & streets adjacent to the Fulton Mall. Entrance to underground parking garage at Van Ness Ave. & Tulare Street. **Park legally or be ticketed!**

**RESULTS** by PRO RACE GROUP of Fresno. View Official Results and event photographs at [www.proracegroup.com](http://www.proracegroup.com) or Monday morning at Sierra Running Co.

**To enter - COMPLETE ENTRY FORM**  
**Read and sign waiver**

Prior to race day, all entries receive a commemorative T-shirt. Make your check payable to **FCC Track Fund**.

♦ Before June 12th, mailed or dropped off at Sierra Running Co.

**PLEASE, do NOT mail or drop off cash.**

Age 9 & Under: **\$10.00**  
 Age 10 & Over: **\$15.00**

♦ June 12th thru June 19th includes Walk-in Reg & T-shirt Pickup (see below for details).

Age 9 & Under: **\$10.00**  
 Age 10 & Over: **\$20.00**

♦ Race Day Registration at **Banker's Ballroom**, Fulton & Mariposa Mall, 5:30 am to 6:45 am

Age 9 & Under: **\$10.00**  
 Age 10 & Over: **\$25.00**

**AWARDS:** 8:15 am start; Free Speech Area, Fulton Mall near the Clock Tower.

**2-Mile WALK** – NO overall; first three male and female finishers in each age division listed on entry form.

*Note: Award winners must race/walk the entire course or be disqualified.*

**2-Mile RUN & 6-Mile RUN** – first male and first female overall and first three finishers in each age division listed on entry form. No award duplications.

**TEAM AWARDS:** 2-Mile Run & 6-Mile Run. **Father/Son and Father/Daughter** – best combined finish place number. Tie breaker is team time (lower combined times).

*Team participants must complete team form when/after results are displayed.*

*Team forms are verified by race officials.*

**PRIZE DRAWINGS** (must be present to win):

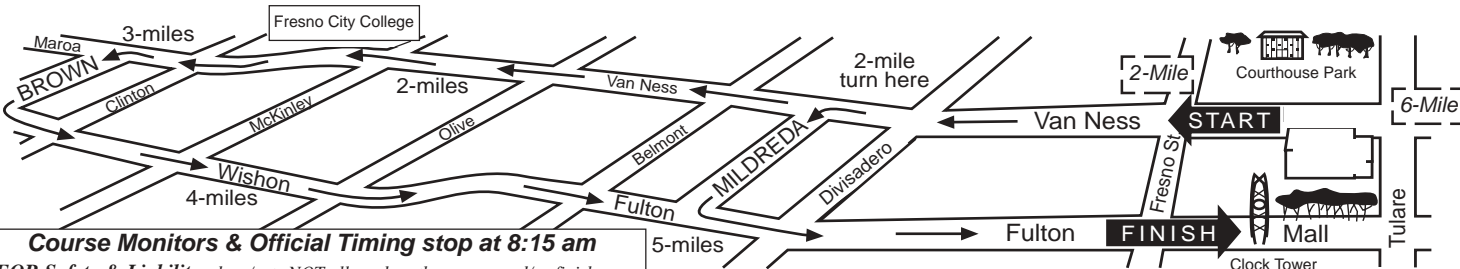
**Pre-Race Drawing:** ALL entries received by June 12th are eligible. *Prize winners are posted Race Day at T-shirt pickup area.*

**Race Day Drawing:** ALL entries as of 5 pm on Saturday, June 19th are eligible for prizes; drawing after the awards ceremony. **Must be present to win!**

**WALK-IN REGISTRATION & T-SHIRT PICKUP at Sierra Running Co. ♦ Telephone: (559) 433-6750**

9447 North Ft. Washington Road #106 (Friant Road & Ft. Washington - northeast corner), Fresno

**Thu, June 17 (11 am to 7 pm), Fri, June 18 (11 am to 7 pm) & Sat, June 19 (11 am to 5 pm)**



**Course Monitors & Official Timing stop at 8:15 am**

**FOR Safety & Liability:** dogs/pets NOT allowed on the course and/or finish area.

Cut Here \_\_\_\_\_

**2010 Father's Day Run & Walk – Entry Form**

Please, PRINT legibly ♦ One entrant & one event per form ♦ Photocopies welcomed

**Name** - first \_\_\_\_\_ last \_\_\_\_\_  
 & middle initial \_\_\_\_\_

**Address** \_\_\_\_\_

**City State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Telephone** - day \_\_\_\_\_ evening \_\_\_\_\_

**Gender** (circle one): **Female** **Male** **Age** (on race day): \_\_\_\_\_

**T-Shirt Size** (circle one): **Youth** (size: 14-16) **Adult: M L XL**

Entries received by June 12th, shirt held until 6:30 am on race day!

**Race Day: SHIRTS & sizes may NOT be available - subject to availability**

Official Use

ENTRY FEES	before Jun 12	Jun 12 thru 19	Race Day
Age 9 & under:	\$10.00	<b>\$10.00</b>	\$10.00
Age 10 & over:	\$15.00	<b>\$20.00</b>	\$25.00

Check or Money Order payable to **FCC Track Fund**

Circle **ONE** age group to indicate event entry.

2-Mile WALK	2-Mile RUN	6-Mile RUN**
39 - Under	9 - Under	** Course Monitors & Official Timing stop at 8:15 am **
40 - 59	10 - 14	
60 - Over	15 - 19	10 - 14
<i>Award winners must race/walk entire course. NO overall award.</i>	20 - 24	15 - 19
	25 - 29	20 - 24
	30 - 34	25 - 29
	35 - 39	30 - 34
	40 - 44	35 - 39
	45 - 49	40 - 44
	50 - 59	45 - 49
	60 - 69	50 - 59
	70 - 79	60 - 69
	80 - Over	70 - Over
	Wheelchair	Wheelchair

**Mail BEFORE June 12th**

FDR  
 c/o PRG  
 P. O. Box 3755  
 Fresno, CA 93650-3755

**No Refunds ♦ No Transfers ♦ No Substitutions**

**WAIVER (MUST BE SIGNED):** **NOTE: FOR SAFETY & LIABILITY,** dogs and/or pets are NOT allowed on the course and/or in finish area. In consideration of your accepting my entry, intending to be legally bound, I do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims which I may have or which may here after accrue to me against the 2010 Father's Day Run, its sponsors or directors, officials, volunteers or their respective officers, agents or representatives, for any and all injuries suffered by me while traveling to and from and participating in this event. I attest and verify that I am physically fit and have sufficiently trained for competing in this run. By signing below, I hereby certify and acknowledge that I have read, understand and will follow this waiver.

Signature of entrant or **parent/guardian must sign if entrant under 18**

Date \_\_\_\_\_

**FOR Safety & Liability:** dogs/pets NOT allowed on the course and/or finish area.